

Bison Tracks

Ardrossan Junior Senior High School

Please note Parent/Student/Teacher Interviews

Parent/Teacher/Student Interviews are being held on Tuesday, **March 20th** and Wednesday, **March 21st** from **5:00 p.m. until 8:00 p.m.** We will be using an online booking system to book interviews.

You can schedule your interviews at <http://www.schoolinterviews.ca>.

The booking code for these interviews is **hjqf** and will only open up on Monday, **March 12th at noon**. You will be able to book conferences for both evenings.

Upcoming Meeting Dates

School Council Meeting at 7 p.m. in the Ardrossan Jr. Sr. Learning Commons (Library).
All are welcome.

Canadian Parents for French Meeting at 6 p.m. in the Ardrossan Jr. Sr. Learning Commons (Library).
All are welcome.

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Principal
Miss MJ Nam

Assistant Principals
Mr. R. Leatherdale
Grades 8, 10, & 12

Mrs. D. Hanson
Grades 7, 9, & 11

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www.ardrossan.ca



School Information

Dates to Remember:

March 9	Band Jazz Night 5:30 p.m. at Ardrossan Rec Centre
March 10	Cheer Competition—True North Cheer and Dance Championships
March 10	Drama—Production Rehearsal
March 11	Archery Practice 1—3 p.m.
March 11	Cheer Practice—Gym A 7—10 a.m.
March 11	Drama—Production Rehearsal
March 12	Archery Practice 3: 30—5:30 p.m.
March 12	Canadian Parents for French Meeting at 6 p.m. AJS Learning Commons
March 12	School Council Meeting 7 p.m. AJS Learning Commons
March 12	Drama—Production Rehearsal
March 12	Field Trip—PE 10/20 Ardrossan Arena Hockey/Broomball Block 3 & 4
March 13	Drama—Production Rehearsal
March 13	Field Trip—Running Room Indoor Games at Butterdome
March 13	Field Trip—PE 10/20 Millennium Place-Indoor Soccer Block 4
March 13	Field Trip—Rec Fit 7—Soccer Block 4
March 14	Cheer Practice Gym A 6—8:30 p.m.
March 14	Drama—a.d.c. Production—Cyrano de Bergerac 7 p.m.
March 14	Field Trip—PE 10/20 Millennium Place—Indoor Soccer Block 3
March 15	Drama a.d.c. Production—Cyrano de Bergerac 7 p.m.
March 16	Drama a.d.c. Production—Cyrano de Bergerac 7 p.m.
March 17	Archery Provincials Edmonton Boat Show
March 17	Cheer Competition—Zones
March 17	Drama a.d.c. Production—Cyrano de Bergerac Dinner 5 p.m.—Show—7 p.m.
March 17	Running Indoor Games Quarters, Semis & Finals at Butterdome
March 18	Cheer Practice—Gym—7—10 a.m.
March 18	Archery Practice 1—3 p.m.



March 19 Field Trip—PE 10/20 Emerald Hills Swimming Block 3 & 4

March 19 Field Trip—Rec Fit 7—Ultimate—Millennium Place—Block 3

March 19 Archery Practice 3:30—5:30 PM

March 20 Parent Student Teacher Interviews 5—8 PM

March 21 Parent Student Teacher Interviews 5—8 PM

March 21 Cheer Practice—Gym A 6:30—8:30 PM

March 21 Field Trip: PE 10/20 Emerald Hills Swimming—Block 3 & 4

March 21 Field Trip: Rec Fit 7—Ultimate—Millennium Place—Block 3

March 22 Field Trip: PE 10/20 Bowling— Block 4

March 23 No School—Day-In-Lieu for Parent Teacher Interviews

March 26—30 Spring Break—No School

April 2 Easter Monday—No School

April 3 School Resumes

April 3 Field Trip: Rec Fit 7 Racquetball/Squash GARC—Block 3

April 4 A.M.P.S. meeting at 7:30 PM in the Band Room

April 4 Cheer Practice Gym A 6:30—8:30 PM

April 4 Field Trip: PE 10/20 Spin Class

April 4 Staff Meeting—Early Dismissal at 2:13 PM

April 5 Field Trip: Rec Fit 7—Racquestball /Squash GARC—Block 3

April 6 Archery Tournament—Smoky Lake

April 7 Jr. Sr. Bison Cup Badminton Tournament

April 8 Archery Practice 1—3 PM

April 8 Cheer Practice—Gym A 7—10 AM

DEL

This is a reminder that the first portion (written and oral comprehension section) DELF B2 Part A Exam will be written on April 9th at 10:00 AM. Only those students who have signed up will write.



PTS Interviews

Process for Parent/Teacher/Student Conferences

Parent/Teacher/Student Conferences will be held on Tuesday, March 20 and Wednesday, March 21 from 5:00 p.m. until 8:00 p.m.

We will be using an online booking system, as in the past, to book conferences. The booking code for these interviews is **hjqf**. Bookings will open up on Monday, March 12th at noon.

You will be able to book conferences for both evenings. You will not be allowed to schedule any conferences before that time.

You will need to enter your son's/daughter's name, the class, and teacher with which you would like to schedule a conference. **You are limited to one conference time per teacher. Each conference is 10 minutes in length. If your son/daughter has a particular teacher for more than one subject, please just book one 10 minute time slot. If you need more time with a teacher, please arrange a separate meeting or phone call.** Please do not schedule your conferences "back-to-back". Instead, allow 10 minutes between conferences. This provides "transition time" as you travel from one classroom to another and allows the conferences to stay on schedule. For example, if you book one conference at 5:20 p.m., please do not book your next conference until 5:40 pm. Once your conference is finished at 5:30 p.m., you will have the necessary time to proceed to the next conference.

We suggest you arrive 10-15 minutes prior to your first conference so that you can see which rooms you will be going to for all of your conferences. We will have a school map and students to help you find the correct room. Most teachers will be having conferences in their classrooms, while others may be in the library or gymnasium. The 'room number' will be listed in your confirmation email.

Again, we will be sending out the booking details a week prior to the interviews and information will be posted on our school website. www.ardrossan.ca

Sincerely,
Rod Leatherdale,
Assistant Principal



EIPS Information

Have your say! EIPS Parent Survey Opens March 5

Elk Island Public Schools (EIPS) wants to hear from you. Make sure to complete the 2018 Parent Survey—open from March 5-23.

Annually, EIPS conducts a parent survey to gauge its progress towards meeting the goals and priorities outlined in its Three-Year Education Plan. Families are asked a series of questions about their experiences with EIPS and the school their child attends, the overall performance of the Division, the quality of education being provided to students and areas for improvement. The survey feedback helps the Division develop new strategies to better serve students and the wider community.

At the end of the Parent Survey, French immersion families have the opportunity to answer an additional series of questions to provide their feedback on the French immersion programming offered within EIPS.

VISIT WWW.EIPS.CA TO TAKE THE SURVEY

Survey closes March 23, 2018

NOTE: The survey is anonymous and only takes a few minutes to complete. If you want to share the experience of more than one child attending an EIPS school, simply complete the survey again.

Complete the Pre-Enrolment Process: March 1-15

Elk Island Public Schools (EIPS) is launching a new pre-enrolment process to simplify the way it registers students for the upcoming year, collects information and manages requests to attend a non-designated school.

On March 1, all EIPS families received an email from the Division asking them to confirm their child's enrolment in a school for the upcoming year by completing the online Returning Student Registration Form—available by logging in to the PowerSchool Parent Portal. Using the form, families can indicate the school their child plans to attend; apply to attend a non-designated school, if applicable; and update any required student information—such as phone numbers, addresses and emergency contacts.

All returning EIPS students are required to complete the form prior to March 15, 2018.



Applying to attend a non-designated school?

The new pre-enrolment process also eliminates the former Boundary Exemption Request Process. Now, returning students who want to apply to a non-designated school can do so through the pre-enrolment process by indicating on the form the school they want to attend. Acceptance is not guaranteed; rather, it's based on available space. Some EIPS schools have [closed boundaries](#) because of high enrolment numbers and will not accept non-designated students for the 2018-19 school year. All families who apply to attend a non-designated school will be contacted and advised of the outcome in April.

NOTE: Any requests to attend a non-designated school or out-of-boundary program for returning students in grades 1-12 must be completed during the two-week pre-enrolment process to be considered for the next school year. The only exception: Students who move into the Division from outside the geographic area, or another community within the Division, following the deadline.

Watch for Thin Ice

Elk Island Public Schools, along with our community partners, want to remind families about the dangers of thin ice during this time of year. Depending on changing temperatures, ice can form and melt to varying degrees on outdoor bodies of water. Please remind your children about the dangers of thin ice, to obey all posted signs and to take the proper care to remain a safe distance from the ice.

For more information on ice safety, visit www.lifesaving.org.

KEYS News

As we help youth grow, develop, and manage the challenges they encounter, it's important to highlight how the developing brain affects decision making and self-regulation. Have you ever wanted to jump in and help your teen by fixing a mess they created? Parents and school staff have a vital role in helping teens learn about failure, bounce back from adversity and how to apply self-regulation skills for when the going gets tough. This article points out how learning from experiences of failure can help your teen develop skills of resilience that will be necessary for adulthood: <https://www.empoweringparents.com/article/why-you-should-let-your-child-fail-the-benefits-of-natural-consequences/>

Another great video from Alberta Family Wellness, highlights how the developing brain is impacted by traumatic experiences, and the factors that contribute to resilient brains that have healthy functioning: <http://www.albertafamilywellness.org/resources/video/brains-journey-to-resilience>

KEYS helps to create a supported, safe and connected community. The KEYS program is a Mental Health Capacity Building Project funded by Alberta Health Services and a Healthy Relationships Project funded by Alberta Community and Social Services and delivered by Strathcona County's Family and Community Services. Disclaimer: Family and Community Services wants to empower residents by giving them the tools to improve their personal wellbeing and relationships. Some of the information provided is offered by external sources and is intended as an information resource only. Strathcona County is not responsible for the accuracy, reliability or currency of the information supplied by external sources. Users wishing to rely upon this information should consult directly with the source of the information.



DIPLOMA and PAT PREP CLASSES

Check out the Next Step Continuing Education guide for Diploma Prep Courses (for April & June DIPS) and the **NEW** Grade 9 Math PAT prep class. <http://eipscontinuinged.ca/about-us/whats-new/post/new-summer-school-youth-camp-catalogue>

POST-SECONDARY INFORMATION

University of Alberta:

March 1st application deadline for most direct-entry programs

April 1st course registration opens for students who accept their offer

April 15th deadline to submit updated high school courses

April 30th deadline to apply to residence for a guaranteed spot

Students can attend Registration 101 Workshops. Go to: <http://admissions.ualberta.ca/en/admissions-101/registration-101/RSVP.aspx> to reserve a spot.

April 12th Aboriginal Student Discovery Day- See Mr. MacKinnon (FMNI Coordinator) if you are interested in attending.

NAIT:

March 31st application deadline for Animal Health Technology & Dental Assisting Technology

April 15th application deadline for Emergency Medical Technician & Emergency Technician – Paramedic

MacEwan University:

March 12-17th - Information Session Week students can attend any one of their free information sessions. Full details at MacEwan.ca/InfoSessions.

Norquest College:

NEW* Early Learning and Child Care Diploma – 2 year program

NEW* Medical Office Assistant Certificate Program – 3 months

Concordia University of Edmonton:

May 1st application deadline for Bachelor of Arts in Psychology, Bachelor of Education after degree, Bachelor of Environmental Health after degree

June 30th application deadline for all other programs

International Double Degrees BA/French at Concordia University of Edmonton

NEW* three-year program allows students to begin their Bachelor of Arts degree (French) at Concordia University of Edmonton, and complete their final year at Université de Bretagne – Sud in France. They will receive a BA/French from CUE and a Licence en Lettres Modernes from **Université de Bretagne – Sud, France**.



SCHOLARSHIPS

Check out the upcoming scholarship deadlines due in March or April on the AJS website under Student Services/Scholarships.

FAMILY SUPPORTS

Family and Community Services is now offering Walk-In counselling sessions. This new service is open to all on a first come, first served basis with no appointment needed. Tuesdays & Thursdays, 11a.m. - 7 p.m. For more information call 780-464-4044 STRATHCONA.CA/COUNSELLING Also try their FREE, professionally facilitated, Drop-In Groups, weekdays 6:30 p.m. – 8 p.m. (Tuesday – Men, Wednesday – Adults, Thursday – Women)

Caregiver Education Sessions

Check out the available **FREE** sessions at www.albertahealthservices.ca. These sessions are intended to provide parents, caregivers, teachers, and community members with basic information about addiction and mental health challenges that can impact children and youth.

Study and Test-Taking Skills

See Student Services/Family Supports on the AJS website for two documents entitled, Study Tips and Test-taking Tips to help support studying at home with your child.

Here are some links and resources to help with your child and studying for exams. Please contact the School Counsellors for an updated Tutor List if needed.

SMORE – this is a collection of great tips and websites

<https://www.smore.com/yqq9n>

Study Skills Checklist

<http://www.educationcorner.com/study-skills-checklist.html>

10 Habits of Highly Successful Students

<http://www.educationcorner.com/habits-of-successful-students.html>

STUDENT OPPORTUNITIES

Career Planning - CAREERinsite is your one-stop guide to career planning. Everything you need to plan your work and learning is there. Career planning is the ongoing process of thinking about your skills, interests and dreams. Take online surveys to get to know yourself, explore and compare your career options and make a plan. <https://alis.alberta.ca>

Next Step Continuing Education: Summer School/Youth Camp Registration

Registration for summer school and youth camps will open on **February 26**.

See the link for the online copy: https://issuu.com/nextstepcontinuingeducation/docs/summer_guide_2018_final



The University of Alberta and Alberta Innovates – Health Solutions (AIHS) invites Grade 11 students currently registered in high school in Alberta and who are enrolled or have completed Math 20-1 or 20-2, and Biology 20 to apply for the **AIHS Heritage Youth Researcher Summer Program (HYRS)**. For further information visit: <https://www.ualberta.ca/medicine/about/communities/community-engagement/hyrs-student-summer-research-program-2018>

Volunteer Opportunities - Check out the Strathcona County website for volunteer listings: <http://www.ivcstrathcona.org/volunteer-opportunities/> or the Fort Saskatchewan website: <http://volunteerfortsask.ca/category/volunteer-fort-sask>

The Alberta Junior Forest Rangers (JFR) offers an amazing career building opportunity for students, aged 16 – 18 to prepare for their future in a challenging environment with other students from across Alberta. Crew members can expect paid summer employment (\$2700 salary), free accommodation and board, exposure to a broad array of natural resource and science based hands-on work and educational opportunities, training and certifications related to natural resource management careers, and immersion in an outdoor setting for 7 weeks. Applications are available on the website at <https://workwild.ca/2014/01/09/junior-forest-rangers-a-wild-summer-job/> and are due April 1, 2018.

The University of Toronto's Youth Summer Programs (YSP) offers a summer program for high school students to experience what it is like to be a student in Canada's Law or Medical Schools. The YSP are held in July and August on the University of Toronto's campus and range in length from one to five weeks. For more information about content, dates and fees, visit www.ysp.utoronto.ca.

NAV CANADA's Explore Aviation Summer Camp

This summer, 20 girls from across Canada who are entering Grade 10 in fall 2018 will gather in Cornwall, Ontario. Their mission: one week of learning, fun and friendship with a focus on aviation. This all-expenses-paid camp uses hands-on learning to give you the chance to explore exciting careers that will empower you to soar to success after graduation! Camp takes place July 15-20th. Application deadline March 9th. [Learn more](#)
Camp Maskepetoon offers summer camps at Pigeon Lake. For more information check the website at <http://www.campmaskepetoon.com/a-lifetime-of-memories/>

Red Deer College - offers summer programs in Cooking, Music, Science, Sports, Visual Arts, Performing Arts, Teen Film Camp, 3D Animation, and Video Game Design. For more information, check the website at www.rdc.ab.ca/summercamps.

WISEST Summer Research Program – WISEST is pleased to offer the annual summer research program for grade 11 students who want to learn first-hand about trail-blazing fields of study, research and diverse careers. Students work for 6 continuous weeks as a paid research assistant at the U of A. Students must have at least an 85% overall average in their Grade 11 math and sciences courses, and demonstrate initiative, good communication skills, and adaptability. For more information, check the website at <http://www.wisest.ualberta.ca/Programs/SummerResearchProgram.aspx>.



Drama Acts

Ardrossan Drama Presents

Cyrano de Bergerac by Edmond Rostand.

Show times:

Wed, March 14 at 7:00 p.m.

Thurs, March 15 at 7:00 p.m.

Fri, March 16 at 7:00 p.m.

Above Show tickets cost \$12 in advance and \$15 at the door.

Sat, March 17 - Dinner (5 p.m.) and theatre show at 7:00 p.m.

Saturday show tickets cost \$35 in advance for dinner and theatre.

*Tickets for **only the show** on Saturday may be purchased online or at the door.*

Ardrossan Drama Company presents:

Cyrano de Bergerac

by Edmond Rostand

MARCH 14 - 17, 2018 - 7:00 PM

DINNER THEATRE MARCH 17 - 5:00 PM

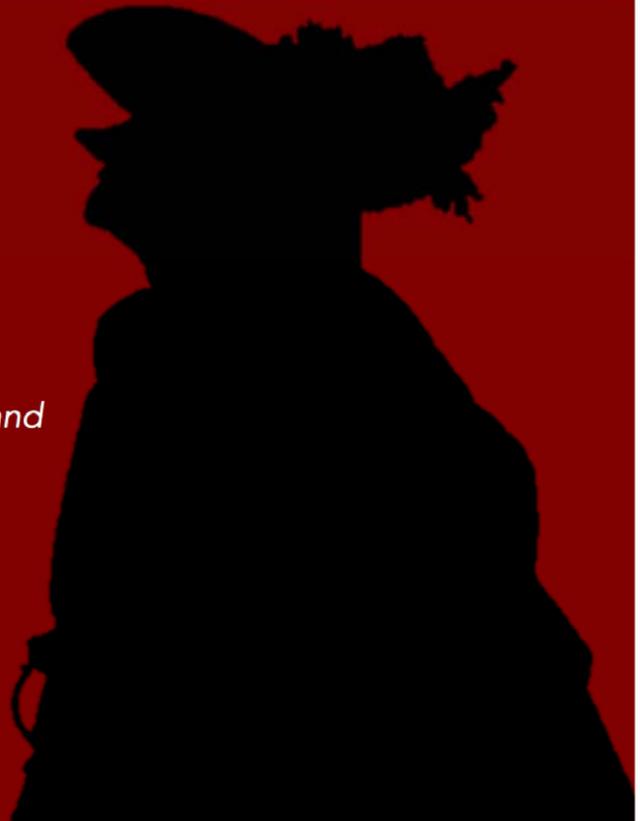
Ardrossan Community Theatre

\$12 Advance* / \$15 at Door | Dinner Theatre \$35 advance only*

onstagedirect.com/Ardrossan

* Service charges will apply

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Athletics

Senior Varsity Men's Basketball

The Senior Varsity Men's team has had a strong finish to their season. This past month they competed in our Ardrossan "Bison Thunder" Classic, where they finished in 1st place after defeating some very tough competition. The boys are hoping that strong play will help them to a deep run in the Edmonton Metro Zone Championships, and potentially onto Provincials. Good luck gentleman!

Coach: Mr. Nelson

Senior Varsity Ladies Basketball

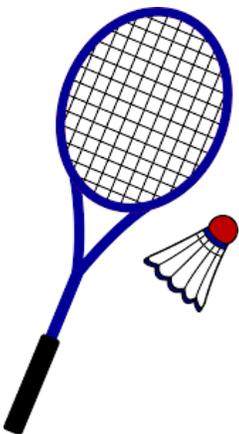
The Senior Varsity Ladies Basketball team ended on a high note as they defeated Edmonton to finish the regular season. The girls will now move on to competing in their zone play-downs in which they will be one of the top ranked teams, and will try to earn a spot at provincials. They will be travelling to Beaumont for their first game. Good luck ladies!!

Coach: Mr. St. Peter, Mrs. Spitzmacher

Junior Varsity Ladies Basketball

The Junior Varsity Men's Basketball team's season is unfortunately over, however they battled hard throughout their season of play and are looking forward to the off-season to develop their skills for next year. The boys finished with a 15-10 record on the season, and lost a close game to Paul Kane in the first round of playoffs. Great season guys!

Coach: Mr. Ferguson, Mr. Clark



Senior Bison Badminton

The regular season of play will begin next week. The team is excited and confident that they will be making a run at the div. 2 badminton banner. Mr. Teliske, and Mr. St. Peter, and Mr. Ferguson are the coaches this year and are excited for league play to begin.



Jr. Jr. Boys Developmental Basketball

The developmental team consistently improved and has been competitive in all their games so far this season. At their home 'Hoof Fest Classic' Tournament they showcased their skills and finished as C finalists. They wrapped up their season at the FR Haythorne tournament against other developmental teams on March 2nd and 3rd. The boys showcased their development from a season of hard work and got second place. In the final they played a very strong St. Theresa team but held tight and had a thrilling game! Good work Bisons!

Coach: Mr. J. Campbell

Jr. Jr. Girls Basketball

The J.r Jr. Girls Basketball team had a great performance at our 'Hoof Fest Classic', the girls won the C division and are continuing to make great strides this season. The girls will be entering playoffs in 3rd place hoping to continue improving and earn a place in the EIPS league final on March 15th at Salisbury! Best of luck Bisons!

Coaches: Mrs. Zimmerling and Ms. A. Zimmerling

Jr. Jr. Boys Basketball

The Jr. Jr. Boys Basketball team played really well at our 'Hoof Fest Classic' Tournament they showcased their skills and played hard in the A division final, finishing second. Great job boys! The boys will be entering EIPS league playoff in first place and look poised to win the EIPS league title! Way to go Bisons!

Coaches: Mr. McGeachy, Mr. K Boyko

Jr. Sr. Girls Basketball

The Jr. Sr. Girls Basketball team looks to have a strong finish to their season, as they won silver in the Bev Facey tournament. The girls had a very competitive season and are hoping to end it on a strong note. Currently they sit in 5th place as playoffs begin. Great season Lady Bisons!

Coaches: Mr. McMullen, Ms. T. Haddouche

Jr. Sr. Mens' Basketball

The Jr. Sr. Boys Basketball team is working hard throughout practices and they look to end on a positive note with playoffs. Best of luck to end the season!

Coaches: Mr. Gordulic, Mr. B. Wheaton, Ms. J. Simmons



Jr. High Badminton

Jr. High Badminton tryouts will begin soon in our Physical Education classes, any students interested in playing are asked to express interest to their teachers. The Jr. Badminton season will begin in April.

Jr. Jr. Badminton Coaches: Mrs. Gordulic and Mr. D. Gordulic

Jr. Sr. Badminton Coaches: Ms. A. Kotronis, Mr. B. Schembri

Jr. High Handball

Jr. High Handball tryouts have finished in our Physical Education classes. Tryouts for the team will be in March. The season will begin at the end of March and conclude with Provincials in early May.

Coaches: Mr. Gordulic and Mr. M. Gordulic

Alumni News

Congratulations to Bison Alumni Jordan Teliske on being named to the North ACAC Volleyball All-Conference team. This is Jordan's 5th year at NAIT and he is one of the top right sides in the ACAC.

Congratulations to Bison Alumni Michael Sumner for completing his first year with the University of Alberta Golden Bears, he was brought in to compete for the libero spot after winning 2 National Championships with the Red Deer Kings College. Great job Mike!

Congratulations to Bison Alumni Shelby MacLennan for playing her first season of volleyball at Augustana. Good work in the ACAC!

Congratulations to Bison Alumni Ryan Teliske for his contributions in volleyball at Concordia University of Edmonton as a power. Keep it up!

Congratulations to Bison Alumni Mason Hunter in his first year at Augustana playing basketball as a point guard. Good luck Mason.

Awesome job Alumni Bisons!



Cheer Team

Both the Junior High and the Senior High Cheer teams have had a wonderful cheer season so far. The girls have been working very hard to perfect their stunts, while learning some new ones. The Junior High team even took home first place at the Edwin Parr Cheerfest in Athabasca on February the 10th. A special mention to Jamie. V and Kiera. I won first and second place in the jumps competition. Fantastic job by these talented girls. Both teams are looking forward to competing at the True North Competition on March the 9th and 10th and then Zones the following weekend.

